

## BLS for Healthcare Providers Course

Name: \_\_\_\_\_

Date: \_\_\_\_\_

**Hospital Scenario:** "You're working in a hospital/clinic and you see a person who has suddenly collapsed in the hallway. You check that the scene is safe and then approach the patient. Demonstrate what you would do next."

**Prehospital Scenario:** "You arrive on scene for a suspected cardiac arrest. No bystander CPR has been provided. You approach the scene and ensure it is safe. Demonstrate what you would do next."

Adult CPR and AED Skills Testing Sheet	
Skill	✓ if done correctly
<b>Assessment and Activation</b>	
Checks responsiveness	
Shouts for help / Activates emergency response system / Sends for AED	
Checks breathing	
Checks pulse	

Once student shouts for help, instructor says, "Here's the barrier device, I am going to get the AED."

Cycle 1 of CPR (30:2) CPR feedback devices preferred for accuracy.	
Adult Compressions – Performs high-quality compressions:	
<ul style="list-style-type: none"> <li>Hand placement on lower half of sternum</li> <li>30 compressions in no less than 15 and no more than 18 seconds</li> <li>Compresses at least 2 inches (5 cm)</li> <li>Complete recoil after each compression</li> </ul>	
Adult Breaths – Gives 2 breaths with a barrier device:	
<ul style="list-style-type: none"> <li>Each breath given over 1 second</li> <li>Visible chest rise with each breath</li> <li>Resumes compressions in less than 10 seconds</li> </ul>	
Cycle 2 of CPR (repeat steps in Cycle 1) Only check box if step is successfully performed	
Compressions	
Breaths	
Resumes compressions in less than 10 seconds	

Rescuer 2 says, "Here is the AED, I'll take over compressions, and you use the AED."

AED (follows prompts of AED)	
Powers on AED	
Correctly attaches pads	
Clears for analysis	
Clears to safely deliver a shock	
Safely delivers a shock	
Resumes Compressions	
Ensures compressions are resumed immediately after shock delivery	
<ul style="list-style-type: none"> <li>Student directs instructor to resume compressions or</li> <li>Student resumes compressions</li> </ul>	

### STOP TEST

#### Instructor Notes

- Place a ✓ in the box next to each step the student completes successfully.
- If the student does not complete all steps successfully (as indicated by at least 1 blank check box), the student must receive remediation. Make a note here of which skills require remediation (refer to Instructor Manual for information about remediation).

<b>Test Results</b> Check <b>PASS</b> or <b>NR</b> to indicate pass or needs remediation.	<b>PASS</b> <input type="checkbox"/> <b>NR</b> <input type="checkbox"/>
Instructor Initials _____ Instructor #: _____	Date: _____

**Hospital Scenario:** "You're working in a hospital/clinic when a woman runs through the door carrying an infant. She shouts, "Help me! My baby's not breathing." You have gloves and a pocket mask. You send your coworker to activate the emergency response system and to get the emergency equipment."  
**Prehospital Scenario:** "You arrive on scene for an infant who is not breathing. No bystander CPR has been provided. You approach the scene and ensure it is safe. Demonstrate what you would do next."

Infant CPR Skills Testing Checklist	
Skill	✓ if done correctly
<b>Assessment and Activation</b>	
Checks responsiveness	
Shouts for help / Activates emergency response system / Sends for AED	
Checks breathing	
Checks pulse	

Once student shouts for help, instructor says, "Here's the barrier device."

Cycle 1 of CPR (30:2) CPR feedback devices preferred for accuracy.	
Infant Compressions – Performs high-quality compressions:	
<ul style="list-style-type: none"> <li>Placement of 2 fingers in center of the chest just below the nipple line</li> <li>30 compressions in no less than 15 and no more than 18 seconds</li> <li>Compresses at least 1/3 the depth of the chest, about 1.5" (4 cm)</li> <li>Complete recoil after each compression</li> </ul>	
Infant Breaths – Gives 2 breaths with a barrier device:	
<ul style="list-style-type: none"> <li>Each breath given over 1 second</li> <li>Visible chest rise with each breath</li> <li>Resumes compressions in less than 10 seconds</li> </ul>	
Cycle 2 of CPR (repeat steps in Cycle 1) Only check box if step is successfully performed	
Compressions	
Breaths	
Resumes compressions in less than 10 seconds	

Rescuer 2 arrives with bag-mask device and begins ventilations. Rescuer 1 continues compressions with 2 thumb-encircling hands technique.

Cycle 3 of CPR	
Rescuer 1: Infant Compressions – Performs high-quality compressions	
<ul style="list-style-type: none"> <li>15 compressions with 2 thumb-encircling hands technique</li> <li>15 compressions in no less than 7 and no more than 9 seconds</li> <li>Compressions at least 1/3 the depth of the chest, about 1.5" (4 cm)</li> <li>Complete recoil after each compression</li> </ul>	
Rescuer 2: Infant Breaths – This rescuer is not evaluated.	N/A
Cycle 4 of CPR	
Rescuer 2: Infant Compressions – This rescuer is not evaluated.	N/A
Rescuer 1 – Infant Breaths – Gives 2 breaths with a bag-mask device:	
<ul style="list-style-type: none"> <li>Each breath given over 1 second</li> <li>Visible chest rise with each breath</li> <li>Resumes compressions in less than 10 seconds</li> </ul>	

### STOP TEST

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<b>Test Results</b> Check <b>PASS</b> or <b>NR</b> to indicate pass or needs remediation.	<b>PASS</b> <input type="checkbox"/> <b>NR</b> <input type="checkbox"/>
Instructor Initials _____ Instructor #: _____	Date: _____